



Guidelines for Healthy Celebrations

Dear Parents and Guardians,

At Themba, the health and safety of every child is our top priority. Due to an increased **severe allergies among children in our care**, and our ongoing effort to promote **healthy habits and an inclusive environment**, we are implementing a **simplified celebration policy** for all classroom parties.

New Policy for Celebrations

Effective immediately, all classroom birthday and special celebrations must follow these food guidelines: ✓ Cheese Pizza ✓ 100% Juice Boxes Only

✗ No other food or drink items will be permitted.

This includes home-cooked foods, baked goods, candy, sweets, peanut products and packaged snacks.

Important Reminders:

- **Balloons are not allowed** due to choking hazards.
- **Home-cooked foods are strictly prohibited.**
- **No Party Favors/ Goodie Bags**
- Celebrations will be held during snack time only. Please coordinate with your child's teacher for the exact time.

We appreciate your support in maintaining a safe, inclusive, and healthy environment for all of our students

Optional Non-Food Celebration Ideas

In addition to cheese pizza and juice, you may include **non-food items** to make your child's day special

- Birthday Crown, Sash, or Badge
- Birthday Banners/Table Cloths/Plates,Cups, Napkins

Child's Name: _____ Date of Party: _____

Parent's Signature: _____

Teacher's Signature: _____ Director's Signature: _____

